

# The Sacred Lovers Within

## The Four Inner Male/Female Types



### The Heroic Inner Male

*Primary Function: Action*

The Heroic Inner Male is highly goal-oriented, willful, courageous, daring, and proactive. Those who have a Heroic Inner Male make great entrepreneurs, visionary leaders, and bold explorers.

The weakness of the Heroic Inner Male is stubborn, controlling, arrogant, and has a tunnel vision that ignores the wellbeing of others.



### The Provider Inner Male

*Primary Function: Structure*

The Provider Inner Male is disciplined, reliable, organized, devoted, constant, faithful, and trustworthy. Those who have a Provider Inner Male make great scholars, scientists, and businesspeople.

The weakness of the Provider Inner Male is their inflexibility to change and their difficulty connecting with their sensuality.



### The Humanitarian Inner Female

*Primary Function: Unification*

The Humanitarian Inner Female is sociable, quick-witted, fluid, adaptable, nurturing, and unifying. Those with a Humanitarian Inner Female make great peacemakers, philanthropists, and caretakers because they bring people together.

The weakness of the Humanitarian Inner Female is a tendency to sacrifice themselves for others and to disperse across too many causes.



### The Mystical Inner Female:

*Primary Function: Mystical Perception*

The Mystical Inner Female is artistic, intuitive, sensual, deep, wise, empathic, emotional, and receptive. Those who have a Mystical Inner Female make powerful healers, artists, and explorers of the mysteries of life.

The weakness of the Mystical Inner Female is enmeshing with others and difficulty in maintaining order and structure and in succeeding in the world.

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## The Masculine and Feminine Principles

The Feminine	The Masculine
Receiving	Giving
Internalizes through feelings	Externalizes through action
Provides fluidity, flexibility, and rhythm	Gives structure and establishes laws
Intuitive, organic, and cyclical	Linear and logical
Knows by 360-degree perception of the whole and by becoming one with the object of inquiry	Knows by observing, analyzing, and separating each component of the whole
Dwells in the inner world	Acts in the outer world
Great outward stillness, profound inner movement	Great inner stillness, great outward movement
Incubates and nourishes life	Reproduces, categorizes, and replicates
Teaches us how to be and where to go	Teaches us how to do and how to do it
Moves from the periphery to the center in a meandering way	Moves from the center to the periphery in the shortest, most effective way